

\*RESET YOUR ODOMETER EACH LEG!!!\* BATHROOMS: Start Leg 1, Start Leg 5, Start Leg 9, Start Leg 11

Runner Name: \_\_\_\_\_

Leg #	Leg Name	Distance	Total Climbing	Difficulty Rating
1	The One at the Start of Day 3	3.9	33 ft	Easier

Directions	Runner Description
The start is at Road 119, Sheep Creek Road off of HWY 89. There is a porta potty at the pullout. It is about 17.8 miles north of White Sulphur just before the sharp right curve in the highway (from White Sulphur you will have to turn left onto HWY 89 at the blinking light towards Showdown). From Showdown the start is 13.5 miles south and just after the sharp left curve in the highway. <b>BATHROOM AT START!</b> During leg 1, stay on the main road. Stay straight at 2.1.	GOOD MORNING!!! Gradual uphill to wake you up. Plus pretty buttes and a creek!

Handoff #	Handoff Description
1	At Y with many signs and electrical box on the left.

Runner Name: \_\_\_\_\_

Leg #	Leg Name	Distance	Total Climbing	Difficulty Rating
2	The One Climbing Up Above Sheep Creek	3.2	259 ft	Harder

Directions	Runner Description
Go left at the handoff Y. Stay on main. Bathroom far to left at 1.0. Stay straight at 1.9.	Wind steadily upward while looking down over Sheep Creek. Enjoy the beautiful meadow views and aspens!

Handoff #	Handoff Description
2	At cattleguard

Runner Name: \_\_\_\_\_

Leg #	Leg Name	Distance	Total Climbing	Difficulty Rating
3	The One That Goes Past Calf Creek Cabin	3.7	371 ft	Medium

Directions	Runner Description
Stay on main. Stay straight past Calf Creek Cabin turn at 2.4	More consistent uphill! More meadows! More awesome overlooks! More aspens!

Handoff #	Handoff Description
3	At Cabin Creek sign on the right. Space to park on the left.

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Leg #	Leg Name	Distance	Total Climbing	Difficulty Rating
4	The Long Uphill towards the Start of Day 3 OR An Early Morning Split Leg	5.5	948 ft	Harder

Directions	Runner Description
Stay on main road winding up.	Persistent uphill through more meadows and forested hills then a corridor of trees. We saw a MOOSE! You can split this between TWO runners if you want, but each can only run ONE time within the leg (so essentially you can break it into two wherever you want). OR those needing a challenge can do the full leg!

Handoff #	Handoff Description
4	At the intersection. You'll be taking a left onto 586. <b>BATHROOM HERE! PLEASE PLEASE MAKE THE LINE ALONG THE ROAD TOWARDS WHERE THE RUNNERS WILL BE HEADING INSTEAD OF ACROSS THE ROAD WHERE VEHICLES AND RUNNERS ARE TRYING TO PASS!</b>

Runner Name: \_\_\_\_\_

ODOMETER ALERT! MAKE SURE TO RESET. NONDESCRIPT HANDOFF ZONE at 1.9 miles.

Leg #	Leg Name	Distance	Total Climbing	Difficulty Rating
5	The Short Little Downhill Leg Through the Trees	1.9	89 ft	Easier

Directions	Runner Description
Take a left onto 586. Stay on main road.	Short gradual downhill through the timber! PERFECT grade to crush it like a superstar without trashing your legs!

Handoff #	Handoff Description
5	Start of very short incline. Road curves right. Very small pullout area on left.

Runner Name: \_\_\_\_\_

Leg #	Leg Name	Distance	Total Climbing	Difficulty Rating
6	The One That Goes Downhill Through a Beautiful Pasture with Homesteads	4.1	95 ft	Easier

Directions	Runner Description
Stay on main. Cattleguard at 0.9 miles. Private for 2.5 miles from here, so be especially careful to remain on road. Check out Reynolds Mountain & Eagle Park on the right. Cattleguard at 2.7. Woods Creek at 3.0.	Are you a HERO? Because you will be after this leg. After 2 days of feeling like you didn't deserve to be on your team, you'll be the MVP after this one. Perfect grade to run down with a little pitch up to finish it off.

Handoff #	Handoff Description
6	At T. Sign with White Sulphur Springs left and Zehntner Ranch right.

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Leg #	Leg Name	Distance	Total Climbing	Difficulty Rating
7	The One That is a Big Downhill with the Views	5.5	16 ft	Easier

Directions	Runner Description
Left towards White Sulphur Springs over cattleguard then stay on main. Cattleguard at 1.3 miles. Cute cabin on right at 1.6. Double cattleguard at 3.3. Check out views of Big Belts on this leg. Devil's Footstool at 5.2.	Trophy leg, views for days. Rolling downhill for most of the leg, you can really cruise! Soak up the views and forget about your quads, they will thank you later!

Handoff #	Handoff Description
7	Bottom of hill with Horwitz Ranch sign on right. Private so please stay on the road.

Runner Name: \_\_\_\_\_

Leg #	Leg Name	Distance	Total Climbing	Difficulty Rating
8	The One That is Mostly Downhill before the Split Leg	3.9	338 ft	Medium

Directions	Runner Description
Stay on main. Double cattleguard at 1 mile.	Little uphill to start, then you're in speed country. Fly downhill towards the Big Belts out ahead. ¾ mile of uphill in the last mile makes it an honest leg, but the finish is downhill.

Handoff #	Handoff Description
8	Road on right. <b>BATHROOM HERE!</b>

Runner Name: \_\_\_\_\_

Leg #	Leg Name	Distance	Total Climbing	Difficulty Rating
9	The One Where You Haul A** to the Highway AKA The Split Leg on Day 3	10.6	522 ft	Depends...

Directions	Runner Description
Stay left at .6 miles. Stay straight at 1.5 (back of sign towards Smith River State Park).	Break this leg up between ALL runners. Everyone must run a minimum of .3 miles. Runners may not run less than .3 miles at a time or more than .5 miles at a time.

\*Start a timer at Handoff #9 and all runners go in vehicles down highway\*

Handoff #	Handoff Description
9	Just before T with highway. (SHUTTLE: Right onto highway. Go 4.5 miles on highway and then sort of highway and then dirt road. This passes Fort Logan. Leg 10 runner starts at sharp right turn at 4.5 miles)

Record drive time HERE: \_\_\_\_\_ (Leg 10 Runner starts after SHUTTLE)

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Leg #	Leg Name	Distance	Total Climbing	Difficulty Rating
10	The One Where You Go Past Stoyanoff Lake	3.1	302 ft	Harder

Directions	Runner Description
Continue right on main road. Stay left at 1.9 miles towards Benton Gulch onto Road 287. Note Stoyanoff Lake on right.	Back to gravel here. Bomb down the first hill followed by an explosive uphill. Then steady uphill the rest of the way to obliterate whatever was left of your legs.

Handoff #	Handoff Description
10	Cattleguard. Double green gate on left. <b>BATHROOM HERE!</b>

Runner Name: \_\_\_\_\_

Leg #	Leg Name	Distance	Total Climbing	Difficulty Rating
11	The One Where You Head into the Canyon	3.8	282 ft	Harder

Directions	Runner Description
Stay straight. Go left at 1.1 miles over creek. Cattleguard at 1.3. Cattleguard at 2.6. Stay left at 3.6.	Quick drop down into the canyon and winding back up the canyon floor.

Handoff #	Handoff Description
11	Cattleguard. National Forest Sign.

Runner Name: \_\_\_\_\_

Leg #	Leg Name	Distance	Total Climbing	Difficulty Rating
12	The One That is Uphill before the Short One Where You Go Up and Then Down	2.8	538 ft	Harder

Directions	Runner Description
At 1.1 miles with Kentucky Gulch on left, stay straight. Cattleguard at 2.1.	Grinding uphill, a few bigger climbs but mostly just steady. Keep your foot on the gas, only a few legs left!

Handoff #	Handoff Description
12	At Y. Confederate and Townsend sign.

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Runner Name: \_\_\_\_\_

\*During legs and handoffs 13 & 14 (and really everywhere along this road), PLEASE try to avoid parking in the weeds (think photos from meeting)\*

Leg #	Leg Name	Distance	Total Climbing	Difficulty Rating
13	The Short One Where You Go Up and Then Down	1.8	499 ft	Medium

Directions	Runner Description
Stay left towards Confederate/Townsend (Rd 287). Stay straight at 1 mile with roads on both sides.	We did say it was a mountain relay didn't we? This is actually pretty tough for the first mile, but hey, it's short!

Handoff #	Handoff Description
13	At bottom of hill with Rd 287-D1 and road with closed gate. Creek on the right.

Runner Name: \_\_\_\_\_

Leg #	Leg Name	Distance	Total Climbing	Difficulty Rating
14	The One Where You Run Downhill Through Montana Bar & Diamond City	4.5	59 ft	Easier

Directions	Runner Description
Stay straight. Blacktail Rd and Cabin at 2.3 miles. Stay straight at Montana Bar at 4.2. Run through the location of Diamond City - one of the richest gold strikes in Montana! Stay straight on main at 4.3.	Finally an almost all downhill leg. It's the end of the relay so let it fly and regret your choices later! You might be able to catch the next team if you're fast enough...

Handoff #	Handoff Description
14	Cattleguard and National Forest Sign.

**Historical Note on the Relay's Namesake:** Diamond City was one of the richest gold strikes in Montana starting in 1864, with miners removing 5 billion dollars of gold (by today's standards) over the five years of the boom. It was one of the three largest towns in Montana at that time with around 2,000 people. Amazingly, there is virtually nothing left of the town since the workers washed the 400 buildings away with hydraulic mining in the later years. Many residents became farmers, ranchers, and leaders in Montana following the boom, shaping the history of the state. Diamond City's story is chronicled in "Goldpans, Guns, & Grit: Diamond City from Territorial Gold Rush to Montana Ghost Town" by Kelly Flynn.

Runner Name: \_\_\_\_\_

Leg #	Leg Name	Distance	Total Climbing	Difficulty Rating
15	The One That Goes Past Diamond City Cemetery on Boulder Bar	4.3	253 ft	Medium

Directions	Runner Description
<p>At .3 go through creek. Separate directions for runner versus vehicles shortly after this.</p> <p><b>RUNNER (There will be signs!):</b> At 0.6 runner turns 180 degrees left towards Spruce Creek Trailhead. Follow signs and stay on the road for this leg. Stay right at switchback at 0.9. Onto private through gate (will either be open or have a sign to go through) at 1.1 miles. At 1.3 turn right downhill to creek (the turn is a little grassy, but you'll see the road to the right). Gate far off to left at 1.5 but follow road right. At 1.6 cross creek to left. Either run through it or scoot across the log you can see to your left. After crossing creek, head past temporary fence and uphill. Go straight and you'll be running in grass for a bit, then stay/turn right when you hit the road. Keep straight on main with no turns. Pass Diamond City Cemetery on Boulder Bar on right at 1.9. Go right at Y at 4.1.</p> <p><b>BOTH VEHICLES:</b> At 0.6 (where runner turns) continue straight on main road. At 0.8 you will see a grassy area on your left with a green metal corral and cabins beyond. Do not turn but instead continue straight on main road until you reach a wooden corral on your left at 3 miles. This is where runner 15 will come down/out and where runner 16 will take off/go back up. It is recommended that one of the two vehicles (WITHOUT runner 16) continues immediately past Handoff 15 to the finish if you want to make sure someone is there when your teammate arrives.</p>	<p>Downs &amp; ups to start, then mostly downhill. Lots of variety here – beautiful meadows, tailings from gold mining, nicely spaced trees from pine beetle logging clean up. Welcome to Hidden Hollow Hideaway Cattle &amp; Guest Ranch!</p>

Handoff #	Handoff Description
15	At wooden corral at bottom of hill.

Runner Name: \_\_\_\_\_

Leg #	Leg Name	Distance	Elevation Change	Difficulty Rating
16	The One That is the Last Leg	4.2	531 ft	Harder

Directions	Runner Description
<p>Again, separate directions for runner and vehicles.</p> <p><b>RUNNER (There will be signs!):</b> Go back up the hill where the other runner came from. Go right at fork at 0.1 miles. Turn left at Y at 0.3 and go through gate to stay left of field. Turn right through gate at 0.6 then immediately curve left then right to stay on road keeping field on your right. Turn left out of the field at 1.0 through gate and down the hill. Cross creek around 1.1. Head uphill following road and stay straight at 1.4. Turn right at 1.5. Turn left at 1.8. Run past another field keeping field on left. Turn right at 2.0 and uphill. Follow road downhill. At very bottom of hill at 2.6, go right and then up switchbacks. Stay on main road and through a gate (it will either be open or have a sign to go through). Curve right at 4.1 to finish at big trees at 4.2.</p> <p><b>BOTH VEHICLES (Getting to the finish!):</b> Continue straight on main road past corral (NOT where the runner went). At 3.2 miles turn left on highway. Take the very next left (at 3.3 miles so you'll only go 0.1 miles on the highway) after green barn and at Hidden Hollow Hideaway sign with osprey nest. Park before yard/buildings at signs. Walk up the road past the buildings to the finish.</p>	<p>Steady uphill followed by some ups and downs. Steep hill with a little less than 1.5 miles to go. Great views of the ranch, the Big Belts up close, and Canyon Ferry Reservoir!</p>

Handoff #	Handoff Description
Finish	At Hidden Hollow Hideaway. Two big trees! Signs and people.

**Day 3 Total ~67 miles**